

Family and Community Resources

Region of Waterloo Public Health

Name of Service	<p>Family and Community Resources: Healthy Babies Healthy Children Program and other programs including:</p> <ul style="list-style-type: none"> -Healthy Children Info Line -Breastfeeding Supports -Meet with a Nurse -Child Health Fairs -Head Lice Information Line -Elementary School Supports - Bullying, Prevention, Life Skills, etc.
Description of Service	<p>Free and voluntary programs for families with children 0-14 years of age. The Family and Community Resources Division provides programs and services to support families, schools and communities in taking action to promote optimal healthy child development in our infants, toddlers and elementary school children. Services include universal prenatal and postpartum support services, screening and assessment at multiple locations (e.g. homes, clinics, health fairs, early years centres, schools) and points in time (eg. prenatal, at birth, postpartum, 18 months, school entry), referral to appropriate community services, service coordination, home visiting, health teaching, parenting education, school curriculum development, service provider training and support to community coalitions addressing issues that optimize healthy child development (eg. baby and family friendly environments, breastfeeding promotion, responsible gambling, violence prevention, system planning to coordinate and ensure accessibility of services for children 0-6 years of age and their families)</p>
Who is service designed for? Who is eligible?	<p>Families with children 0-14 and service providers working with families and children</p> <p>All programs/services are free and voluntary.</p>
How can this service be accessed?	<p>For information relating to children 0-6, families or service providers may contact the Healthy Children Info Line at 519-883-2245. For elementary age supports, 519-883-2003. For general inquiries: 519-883-2000</p>

Name of contact within agency for more information	Celina Sousa, Information Supervisor
Hours for service	For general inquiries, business hours are from 8:30-4:30 pm Monday to Friday. Some services operate on evenings and weekends.
Address for service	Two main office locations: 99 Regina St., S. Waterloo, N2J 4V3 150 Main St., Cambridge Some services also provided at hospitals' pre-birth and post birth clinics, Ontario Early Years Centres, and client homes.
Phone contact for service	For inquiries regarding children 0-6: Healthy Children Info Line - 519-883-2245 For inquiries regarding elementary school age supports: 519-883-2003 All other inquiries: 519-883-2000
What is the best way to refer/connect someone interested in this service?	For inquiries regarding children 0-6: Healthy Children Info Line - 519-883-2245 For inquiries regarding elementary school age supports: 519-883-2003 All other inquiries: 519-883-20005