

Healthy Lifestyles founder-unt

Focus for Ethnic Women Waterloo Region Inc.

Name of Organization	Focus for Ethnic Women Waterloo Region Inc.
Name of Service	Healthy Lifestyles Founder - Unt
Description of Service	Provides skills development - industrial sewing and computer training
Who is service designed for? Who is eligible?	immigrant and refugee women, regardless of their time in Canada
How can this service be accessed?	intake-walks in
Name of contact within agency for more information	Maryam Naji, Andrea Alvarez-Ernst
Hours for service	8:30-4:30
Address for service	33 Bridgeport Rd. East, Waterloo, N2J 2J4
Phone contact for service	519-746-3411
Email address for service	ffew@golden.net
Can you offer any further information or recommendations for referring agency?	Services are delivered considering immigrant women's specific needs; access to Language in the Workplace workshops and business clothing provided
What is the best way to refer/connect someone interested in this service?	word-of-mouth, call the office