

**Preparatory Programs “Employment/Training Readiness” &
“Focus for Change”**
Conestoga College

Description of Service	<p>Assess interests, strengths, and abilities Expand knowledge of job opportunities Identify career paths Learn job search skills Gain work experience Develop a training or employment plan Assess academic level Develop computer literacy skills</p>
Who is service designed for? Who is eligible?	<p>Age 19 or older, age exceptions may apply</p> <p>Must be able to receive instruction and respond in English</p> <p>“Focus for Change” is specifically designed for women receiving Ontario Works or ODSP benefits</p>
How can this service be accessed?	phone, walk-in
Name of contact within agency for more information	<p>Cambridge: Dianne Murphy</p> <p>Waterloo: Laura McAlister</p>
Hours for service	8:30 a.m. -4:30 p.m.
Address for service	<p>Cambridge: 150 Main Street, Unit 402</p> <p>Waterloo: 108 University Ave. E.</p>
Phone contact for service	<p>Cambridge: 519-623-4890</p> <p>Waterloo: 519-885-0300 x248</p>

Email address for service	Cambridge: dmurphy@conestogac.on.ca Waterloo: lmcaster@conestogac.on.ca
Can you offer any further information or recommendations for referring agency?	Refer clients to the closest campus for a personal interview. E/TR and Focus are full-time programs, running from 8-16 weeks, 9-2. Transportation allowance and child-care subsidy are available to qualified students
What is the best way to refer/connect someone interested in this service?	phone